



**Chartwells School Dining Services at St. Mary's Westphlia**  
**November 20th-December 20th**  
**Student Lunch \$2.65 (K-6) Reduced \$0.40**

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>20</b> Waffles and sausage  Hashbrown <u>Fruit &amp; Veggie Bar</u> Romaine Blend Lettuce Fresh Baby Carrots & Celery Cucumber slices	<b>21</b> Taco  Refried Beans <u>Fruit &amp; Veggie Bar</u> Romaine Blend Lettuce Fresh Baby Carrots Red & Green Pepper Strips	<b>22</b>  <b>No School</b>	<b>23</b>  Thanksgiving Day <b>No School</b>	<b>24</b>  <b>No school</b>
<b>27</b> Mashed Potato Bowl  Seasoned Corn <u>Fruit &amp; Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	<b>28</b> Beef & Cheese Nachos  Seasoned Green Beans <u>Fruit &amp; Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	<b>29</b> Tony's Pepperoni Pizza on a WG Crust Seasoned Corn <u>Fruit &amp; Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	<b>30</b> BBQ Rib on a Bun  Baked Beans <u>Fruit &amp; Veggie Bar</u> Fresh Cherry Tomatoes Chilled Peaches Fresh Banana	<b>1</b> Tony's Cheese Pizza on a WG Crust Seasoned Peas <u>Fruit &amp; Veggie Bar</u> Red & Green Pepper Strips  Apple Slices
<b>4</b> Popcorn Chicken with a Dinner Roll  Oven Fries <u>Fruit &amp; Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	<b>5</b> Grilled Chicken Sandwich  Baked Beans <u>Fruit &amp; Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	<b>6</b> Pancakes and Sausage  Hash Brown Potato <u>Fruit &amp; Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	<b>7</b> Peach Parfait with Granola  Green Beans <u>Fruit &amp; Veggie Bar</u> Fresh Cherry Tomatoes Chilled Peaches Fresh Banana	<b>8</b> Tony's Pepperoni Pizza on a WG Crust  Seasoned Corn <u>Fruit &amp; Veggie Bar</u> Red & Green Pepper Strips Mixed Fruit Apple Slices
<b>11</b> Baked Macaroni & Cheese WG Dinner Roll Seasoned Sweet Peas <u>Fruit &amp; Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	<b>12</b> Mini Corndog with Dinner Roll Seasoned Green Beans <u>Fruit &amp; Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	<b>13</b> French Toast & Sausage  Crisp Tater Tots <u>Fruit &amp; Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	<b>14</b> Turkey Gravy over Mashed Potatoes with biscuit Seasoned Peas & Carrots <u>Fruit &amp; Veggie Bar</u> Fresh Cherry Tomatoes Chilled Peaches Fresh Banana	<b>15</b> Tony's Cheese Pizza on a WG Crust Seasoned Carrots <u>Fruit &amp; Veggie Bar</u> Red & Green Pepper Strips <b>Eat a Locally Grown Apple!</b> Fruit Cocktail
<b>18</b> Chicken Tenders with Dinner Roll Baked Oven Fries <u>Fruit &amp; Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	<b>19</b> Cheeseburger on a Bun  Seasoned Corn <u>Fruit &amp; Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	<b>20</b> Waffles & Sausage  Crisp Tator Tots <u>Fruit &amp; Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	<b>21</b>  Christmas Break <b>No School</b>	<b>22</b>  Christmas Break <b>No School</b>  Apple Slices
<b>Alternate Entrees</b> (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>
Pepperoni Pizza	WG Breaded Chicken Nuggets WG Dinner Roll	Bosco Sticks with Dipping Sauce	Yogurt Cup with Reduced Sugar Cereal & String Cheese	Hot Dog on a Bun

**Questions or Comments? Please call Lauri Grace Food Service Director at 989-587-5100 or grace@pwschools.org -- USDA is an equal opportunity provider and employer**