



Chartwells School Dining Services at St. Mary's Westphlia
November 20th-December 20th
Student Lunch \$2.65 (K-6) Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
20 Waffles and sausage Hashbrown <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Fresh Baby Carrots & Celery Cucumber slices	21 Taco Refried Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Fresh Baby Carrots Red & Green Pepper Strips	22 No School	23 Thanksgiving Day No School	24 No school
27 Mashed Potato Bowl Seasoned Corn <u>Fruit & Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	28 Beef & Cheese Nachos Seasoned Green Beans <u>Fruit & Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	29 Tony's Pepperoni Pizza on a WG Crust Seasoned Corn <u>Fruit & Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	30 BBQ Rib on a Bun Baked Beans <u>Fruit & Veggie Bar</u> Fresh Cherry Tomatoes Chilled Peaches Fresh Banana	1 Tony's Cheese Pizza on a WG Crust Seasoned Peas <u>Fruit & Veggie Bar</u> Red & Green Pepper Strips Apple Slices
4 Popcorn Chicken with a Dinner Roll Oven Fries <u>Fruit & Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	5 Grilled Chicken Sandwich Baked Beans <u>Fruit & Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	6 Pancakes and Sausage Hash Brown Potato <u>Fruit & Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	7 Peach Parfait with Granola Green Beans <u>Fruit & Veggie Bar</u> Fresh Cherry Tomatoes Chilled Peaches Fresh Banana	8 Tony's Pepperoni Pizza on a WG Crust Seasoned Corn <u>Fruit & Veggie Bar</u> Red & Green Pepper Strips Mixed Fruit Apple Slices
11 Baked Macaroni & Cheese WG Dinner Roll Seasoned Sweet Peas <u>Fruit & Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	12 Mini Corndog with Dinner Roll Seasoned Green Beans <u>Fruit & Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	13 French Toast & Sausage Crisp Tater Tots <u>Fruit & Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	14 Turkey Gravy over Mashed Potatoes with biscuit Seasoned Peas & Carrots <u>Fruit & Veggie Bar</u> Fresh Cherry Tomatoes Chilled Peaches Fresh Banana	15 Tony's Cheese Pizza on a WG Crust Seasoned Carrots <u>Fruit & Veggie Bar</u> Red & Green Pepper Strips Eat a Locally Grown Apple! Fruit Cocktail
18 Chicken Tenders with Dinner Roll Baked Oven Fries <u>Fruit & Veggie Bar</u> Fresh Baby Carrots & Celery Cinnamon Applesauce Fresh Fruit	19 Cheeseburger on a Bun Seasoned Corn <u>Fruit & Veggie Bar</u> Fresh Broccoli Bites Fresh Orange Wedges Pineapple Tidbits	20 Waffles & Sausage Crisp Tator Tots <u>Fruit & Veggie Bar</u> Fresh Cucumber Colns 100% Apple Juice Chilled Pears	21 Christmas Break No School	22 Christmas Break No School Apple Slices
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Pepperoni Pizza	WG Breaded Chicken Nuggets WG Dinner Roll	Bosco Sticks with Dipping Sauce	Yogurt Cup with Reduced Sugar Cereal & String Cheese	Hot Dog on a Bun

Questions or Comments? Please call Lauri Grace Food Service Director at 989-587-5100 or grace@pwschools.org -- USDA is an equal opportunity provider and employer